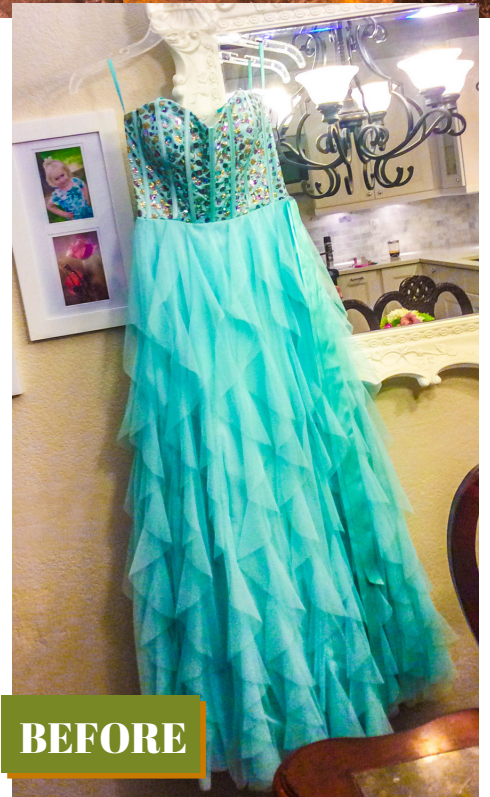


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## Adding Sleeves To A Strapless Dress Free Pattern





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## Adding Sleeves To A Strapless Dress Free Pattern

*I believe this cap sleeve pattern will fit anywhere from a 0 to size 8 dress, it may even fit up to a size 10. If you have basic sewing knowledge, the sleeves are very simple to make. They took me around an hour to complete, give or take.*



**BASIC DIRECTIONS:** *I cut a total of four cap sleeves, and four rectangles sized, 6.5 x 11.5 inches. This will make two sleeves. I folded the rectangles in half, right sides facing together, and then sewed them down the open edge (basically, I sewed them into a tube, turned them inside out, and then pressed them with the iron with the seam toward one side.) In the photo, notice where the two rectangles are sewn together. At this seam, I cut approximately 1/2 inch slope for the shoulders.*

**Visit This Link for More Photos and Details:** <https://theeverythinghousewife.com/modest-dress-mormon-prom-adding-sleeves-strapless-dress/>



# Free Pattern

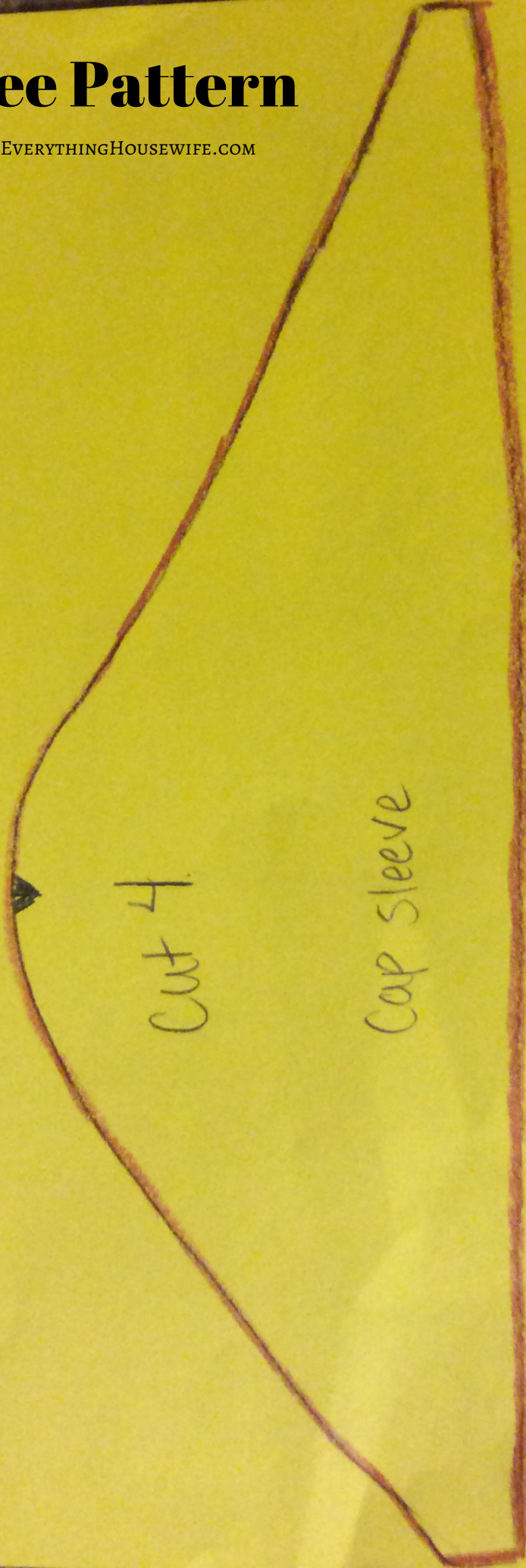
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- ① cut 4 cap sleeves
- ② Cut 4 Rectangles  
size 6.5 inches X 11.5 inches

→ Attach to  
Rectangle seam

Cut 4

Cap sleeve





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The Everything Housewife is the author of the children's "Realm of Halloween" book series, and the ongoing, "History of Halloween" article series. The Everything Housewife takes her readers into The Realm of Halloween where they discover their own "light within." Her stories combine poetic imagery with beautiful morals where the lesson learned is always about becoming who you were meant to be. Visit [TheEverythingHousewife.com](http://TheEverythingHousewife.com) for more Halloween crafts, projects, and recipes!

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